



**Rick Rockwell**  
**Coach**

## **COACHING**

- Three years Club
  - 1<sup>st</sup> year 12's team and 18's team
  - 2<sup>nd</sup> year 14's team and 18's team
  - 3<sup>rd</sup> year 14's team
- Five years coached two High School Girls' teams in Charter School League. Varsity team undefeated three straight years. Took 5<sup>th</sup> place at Nationals the last year.
- One year coached two High School Boys' teams in Charter School League. Took first and second place.

## **PLAYING**

- Introduction to Volleyball: Elementary School both sand and indoor PE
- Three years La Cumbre Junior High: Santa Barbara, CA
- Attended camps throughout Southern California, including Pepperdine, USC, UCLA, UCSB, UC Irvine, and UC San Diego
- Three years San Marcos High School: Santa Barbara Coaches Mike Baresford and Rick Olmstead
- Three years Junior Leagues Sand Tournaments – East Beach Santa Barbara (during high school)
- Five years Adult Leagues Sand Tournaments in Southern California

## **EDUCATION**

- Graduated from high school